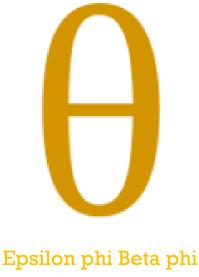# *The Epsilon Sequence*

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Epsilon phi Beta phi

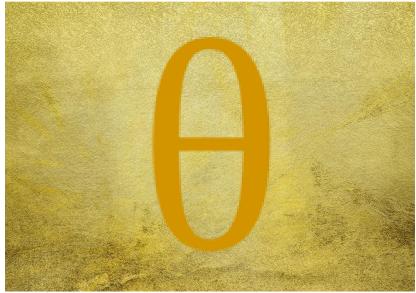Epsilon phi Beta phi

Epsilon phi Beta phi

The Epsilon Sequence is a very powerful technique to shield against psychic attack from not only Light Impaired Entities but reversed scalar waves, HAARP, & 5D Technologies, implants, devices, negative beamer - thought-field programmes, hexes, spells and spell-bound consciousness.

It' a Remote Sensor and Guard which repels inorganic matter from entering your sacred field. A very quick 'zip-up' or blocker and works instantaneously!

The Epsilon is the Greek Symbol of Theta which has retained its positive scalar wave formation in the shape of a Comic Egg with a parallel bar in the centre which acts as a conducer of energy to block lower astral interference from astral planes, parallel or phantom matrices.

Preparation:

Look at the **Frequency Activator Template** of the Epsilon Symbol for quite a while whilst taking several light breaths. Imagine the Symbol as a rich, shimmering **GOLD** colour (like the background*) which is from the Gold Order of Seraphi-Seraphim races and transmitted through Carrier Wave of the 8th dimension directly into sovereign light bodies, at your Will? (*Please note: the gold background is provided only as a 'visual activator' to enhance the rich colour tone of the Gold Symbol.)

1) See the Symbol inside your Pineal Gland and inhale then on exhale use the fluid motion of breath to move the symbol down the Central Vertical Current (through centre of your body) all the way to the base of the spine.

2) Now see the symbol in the centre of your Coccyx at the base of your spine and mentally or out loud tone following *words* three times which creates a powerful: "*tonal-vibration* *"Mantra" that translates into mathematical-electrical instructions for the body's scalar template)"*.

θ   Epsilon phi Beta phi Epsilon phi Beta phi Epsilon phi Beta phi

3) On next inhale draw your Epsilon symbol back through your Central Vertical Current into your Heart Spiral. Seeing the Epsilon clearly inside your heart, exhale and breathe normally.

4) As a Tonal Sequence again say following on the next exhale:

θ   Epsilon phi Beta phi Epsilon phi Beta phi Epsilon phi Beta phi

Expand the image of the Epsilon Symbol out of your heart and into your entire bio-energetic auric field. See the symbol now surrounding your entire body, like a Cosmic Egg of secure, shimmering, oscillating, pulsating life-force protective energy.

5) On the next inhale breath repeat the Epsilon Sequence again:

θ   Epsilon phi Beta phi Epsilon phi Beta phi Epsilon phi Beta phi

Then on next exhale push more energy from the Heart Spiral into the image of the symbol surrounding your body and see the Symbol glow a bright gold in colour.

Now you may repeat the sequence again and on the next exhale fully energize the Epsilon Symbol around the body:

θ   Epsilon phi Beta phi Epsilon phi Beta phi Epsilon phi Beta phi

6) Pause for a brief while. Focus your attention back into your Pineal and visualize once more the Epsilon Symbol directly in the centre of this gland whilst mentally repeating again three times:

θ   Epsilon phi Beta phi Epsilon phi Beta phi Epsilon phi Beta phi

As you complete the sequence, on the exhale push the Symbol out through the pineal and allow it to expand into the space surrounding the auric field of your head until it naturally disappears...

Please note: This technique is adapted from 'Angelic Realities', Ashayana *Deane*.

This adaptation is in co-evolution with benevolent Arcturian's serving 7th Dimensional Field of Realities as part of the Collective of: **Inter-Dimensional Association of Free Worlds**. It is further suggested to only use this technique whilst in presence of **Source Shield**.

However, in event of sudden 'psychic attack,' this may not be possible. If so, using this technique is still highly effective in its 'raw state' but ensure that you use Source Shield within at least 48 hrs of using the Epsilon Sequence and TRUST your own Innate Intelligence to best Guide & Serve you?

If you wish to read more about this exemplary technique, here's a very good article:
http://www.legionnaires.awaken.nl.eu.org/articles/ad-theepsilonsequence

In loving Grace, *Au x*

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